

# ABSTRACT OF THE DISCLOSURE

A combined cycling and stepping exerciser includes a base frame with an upright post, a drive wheel mounted on the base frame, a pair of elongated lever arms with front end portions pivoted to the upright post, a pair of slide seats, and pair of pedal arms disposed on the lever arms. Each of the lever arms has a longitudinal slide groove. Each of the slide seats is coupled to a respective crank arm of the drive wheel, and engages slidably the slide groove in a respective lever arm so as to be slidable along the slide groove. Each of the pedal members has a front end engaging slidably the slide groove in a respective lever arm. A pair of fasteners are operable for fastening rear ends of the pedal members selectively and respectively to the slide seats and to rear end portions of the lever arms.

"Express Mail" mailing label number EL815539601115  
 Date of Deposit 13 April 1979  
 I hereby certify that this paper or fee is being deposited with the United States Postal Service "Express Mail Post Office to Addressee" service under 37 CFR 1.10 on the date indicated above and is addressed to:  
 Assistant Commissioner for Patents, Washington, D.C. 20231.  
Yolanda Gray  
 (printed name)  
Yolanda Gray  
 (signature)